

## Tania Zaetta and Lemon Detox form healthy partnership for weight loss



Australia's 'Dare Diva', hit TV show host and film actress

Tania Zaetta has become the Australian ambassador for world-renowned cleansing and weight loss treatment [Lemon Detox](#).

Action girl Tania burst onto our screens as host and daredevil action girl of the hit show, 'Who Dares Wins', one of the most successful shows to come out of Australia and on air around the world for 10 years.

Currently hosting Prime Time UK action show 'Mission Implausible', she has returned home after being a regular on screens internationally for the past decade, including her much publicised role as a major Bollywood star. Tania's 2nd film 'Salaam Namaste' is one of the biggest hits worldwide in the past few years with viewers estimated at 3.6 billion people. It is also the most popular and highest grossing Bollywood film ever in Australia, out-earning Johnny Depp's 'Charlie and the Chocolate Factory' at the time of its release.

Tania has been a passionate advocate of the [Lemon Detox program](#) since she was introduced to it by TV presenter girlfriends a couple of years ago while living and working in the UK. She was looking for a [detox method](#) to cleanse her body of toxins and give it a fresh start. While the standard version of the Lemon Detox program is 5-7 days, Tania incorporates a relaxed version into her everyday life while maintaining a healthy diet.

"I carry a squeeze bottle of the Fresh Lemon and Madal Bal Natural Tree Syrup drink with me just about everywhere I go, including when I'm on-set," Tania said. "The relaxed version suits my schedule, I eat a healthy breakfast, sip on my lemon detox drink all day as well as drinking lots of

water then have a light meal in the evening. It's my perfect ongoing cleansing routine, I notice the differences about myself and so do those around me".

"The TV shows I film, like my current one in the UK 'Mission Implausible,' are always full on action shows and I need something to keep my energy levels up while filming. It's the same in India where as a foreigner I can't really eat the food a lot of the time. Lemon Detox gives me a great kick-start; I have loads more energy, feel very healthy and my skin absolutely glows. I also lose a few of the winter kilos that snuck on as well! I have a professional background as a fully qualified Natural Beauty Therapist so I'm not at all into fad diets and I research products very carefully. This has been an acknowledged cleansing and detox program for many years. "

"We were so excited about forming an association with Tania because she is a genuine advocate of the Lemon Detox program and has openly spoken about its benefits," explained Endree Saade, managing director of Lemon Detox Australia.

"Tania is an all-action Aussie girl admired all around the world for her go-getting attitude and she's a great role model. She's fit, healthy and sexy, dedicated to exercise and views Lemon Detox as a key ingredient to stay on top physically and mentally."

Originally introduced more than 50 years ago, the Lemon Detox program is now distributed in Australia with sales of the program's Madal Bal Natural Tree Syrup currently around 4,000 cans per month. The simple mix works with the body's natural cleansing process to flush out these toxins and burn fat naturally. Lemon Detox is an all-natural, simple and enjoyable means to obtaining a healthier body and a better quality of life and its popularity has also spread throughout Europe and America

It is safe and effective, invigorating the body's own ability to cleanse itself of accumulated toxins and helps the body to normalise its weight. The benefits reported by many of those whom have completed the Lemon Detox program include cleansing the body of toxins, weight loss if overweight, greater resistance to illness, better digestion and circulation, increased energy and vitality and clearing of congestion.

Review: Lemon Detox has to be tried to be believed. Personally I felt great and experienced an increase in energy. I did lose weight, couple of kilos and my skin was more radiant.

To find out more about Lemon Detox, log onto [www.lemondetox.com.au](http://www.lemondetox.com.au)

